**SRC Survivors Community Hub Guidelines**

**This Group is for women and girls only over the age of 14** who have been affected by sexual violence in any way. This is a safe space provided by and moderated by Suffolk Rape Crisis for survivors to access resources, seek support and connect with others. This group is for survivors only.

This group is for the purpose of:

* encouraging and supporting each other
* offering advice and suggestions
* posting relevant information or links
* a safe and fun space to connect with others
* signposting to other relevant services.

All posts will be checked by SRC moderators before being displayed in the group. Please allow 12-24 hours for this to occur. If any posts don’t meet criteria to be posted, we will inform you why and if needed we can offer support through one of our other services.

**Confidentiality-** Please remember that group members will be able to view your account information. This includes your name, profile picture and your posts (including your photos). If you want to restrict the information available to view you can do this in your privacy settings. We have provided hints and tips in the group.

Anything shared within this group stays within this group and within Suffolk Rape Crisis. For a positive experience for all we ask that the following rules are adhered to while using this group:

* Do not share anything from this group to any other page, group or platform.
* Do not include any information about specific incidents, police investigations or any court details.
* Please do not take screen shots of any posts or comments.
* Please do not message anybody privately without seeking their permission first.
* Please do not share any contact details on this group.
* Respect other users’ right to privacy by not posting messages that may reveal their identity or contact details.
* Be respectful – Please do not post materials or topics which are insulting, offensive, abusive, hateful, harassing, or physically threatening. We ask that everyone who posts makes the effort to respect all other views and does not attempt to force any personal views onto others. We expect those who post to accept others’ comments in the way that they are meant, as in support and information sharing.
* Treat other users as you would like to be treated
* Do not provoke other users by posting messages that are inflammatory or solely serve to incite other members.
* Do not invalidate other users’ experiences. Every user in a survivor and their experience is real and valid.
* It is also important to respect each other’s wellbeing so if someone feels unable to respond, please do not take it personally and give them space. You are under no obligation to respond to messages.
* If someone is being abusive or breaking the guidelines you can report this behaviour to the SRC admins.

**Contacting a moderator**

If you have any questions or require further support, please direct message SRC admin and we will get back to you as soon as possible.